



Burlington Eagles Programming Outline U14 – U18 A

The Burlington City Rep Hockey Club provides opportunities for players and families to be in an environment and culture that has clear pathways for achievement and excellence. Our program has experienced coaches, expert development skills coaches and excellent resources.

Using the most qualified coaches and the highest level of local on-ice skill coaches, we ensure that every Eagles player and team can excel in all aspects of technical, tactical, and team development giving our team's the best chance to have developing and winning success throughout the season.

The Eagles Hockey Club believes in progressive programming for our Eagles athletes. We continue to transform and improve our programming based on feedback from the Eagles Hockey Committee, Eagles Development Skills Team, Eagles Coaches, Eagles Convenors and Eagles Families.

U14 – U18 A Burlington Eagles 2026-27 Programming Will Include:

EXPERIENCED EAGLES COACHES:

- U14 A Coach – Ryan Murdoch
- U15 A Coach – Ryan Howard
- U16 A Coach – Justin Sood
- U18 A Coach – Colin Willis

EXPERIENCED EAGLES DEVELOPMENT SKILLS COACHES:

- Bios on our Development Coaches can be found on the Eagles website under the NLT Development Tab>NLT Coach Bios

ICE COMMITMENTS:

- Additional ice times with approximately 2.5 - 3 hours of practice time per week at City of Burlington arenas and/or Shield Performance Center
- Set home game night, time at Appleby Ice Center, Central Arena or Skyway Arena
- 1 Set Practice Time and Location per week

ON ICE DEVELOPMENT (for U14-U16)

- Qualified club provided NLT Development Skills Coach
- Qualified club provided NLT Goalie Coach
- Customized Forwards and Defensemen Skill Development for positioning specific training
- Customized Goalie Skill Development for positioning specific training
- 8 Scheduled NLT Skills sessions per team from September to February
- 12 NLT Goalie Session per partners from September to February at Power Play Training Facility

OFF ICE DEVELOPMENT (for U14-U16)

- Partnership with Shield Athletics – innovate in athletic training, sports medicine, and fitness, providing top-notch services and collaborating with certified therapists to solidify their legacy as a leader in sports training
- 12 Scheduled NLT Shield Sessions Before or After Team On-Ice Practices on Shield Ice Per Team

SOCIAL MEDIA:

- Partnership with Alyssa Raye Productions - Social Media Management, Videography, Photography, Content Creation and Media Dominance for Players and Teams

MENTORSHIP PROGRAM:

- Connection between the Eagles Club with the Cougars Club
- Club provided Pathway for the next generation Burlington Cougars Players

COMMUNITY INVOLVEMENT:

- Partnership with Gift of Giving Back – Largest Youth-Led Known community food Drive in Canada supporting ten member agencies in the Halton Region
- Registered Charitable Foundation and established by Eagles Executives

TOURNAMENTS:

- Encouraged to register for 4 Tournaments from September to April
- 3 Ontario Tournaments to be paid by the Eagles Club
- All Silver Stick Finals, OMHA's Championships and OHF Finals will be paid by the Eagles Club and would be in addition to the 4 tournaments allowed

BUS RENTAL:

- Rental available to rent for an away Game from September to April at a reduced rate

UNIFORMS:

- Home and Away jerseys and socks for each team provided by the Eagles Club
- Each player will receive a practice jersey provided by the Eagles Club

APPAREL:

- Players are provided with a hoodie, long sleeve shirt, shorts and baseball hat and toque by the Eagles Club

INTER-LEAGUE PLAY:

- Burlington is in a Prime Geographical Location to Play GTHL and Alliance Hockey Teams Based on the OHF Player Movement Committee decision on regional play per OHF website

REGISTRATION:

- Electronic Signed Offer of Commitment by Player and Coach
- 5 Installments Payments: Date of Commitment to the Team (May), August 15th, September 15th, October 15th, November 15th